

## International Island Games Association

### The Sports and By-Laws

#### **Section 1 - The Sports of the Island Games and Recognised International Federations**

- 1.1** The Rules of Competition of the following governing International Sports Federations shall be those used where appropriate at the Island Games (hereafter called 'the Games') subject to the provisions of Clause 1.6 hereof.
- 1.2**
- |  |        |
|--|--------|
| Federation Internationale de Tir a L'Arc                       | FITA   |
| International Association of Athletic Federation               | IAAF   |
| Badminton World Federation                                     | BWF    |
| Federation Internationale de Basketball                        | FIBA   |
| World Indoor Bowls Council                                     | WIBC   |
| Union Cycliste Internationale                                  | UCI    |
| Federation Internationale de Football Association              | FIFA   |
| Royal & Ancient Golfing Society                                | R&A    |
| Federation Internationale Gymnastique                          | FIG    |
| International Judo Federation                                  | IJF    |
| International Sailing Federation                               | ISAF   |
| International Shooting Sport Federation                        | ISSF   |
| Federation Internationale de Tir Aux Armes Sportives de Chasse | FITASC |
| Clay Pigeon Shooting Association                               | CPSA   |
| World Squash Federation  | WSF    |
| Federation Internationale de Natation                          | FINA   |
| International Table Tennis Federation                          | ITTF   |
| International Tennis Federation                                | ITF    |
| International Triathlon Union                                  | ITU    |
| Federation Internationale de Volleyball                        | FIVB   |
- 1.3** Any other sport, or event, accepted by the IIGA for inclusion in the Games, shall, if that sport, or event, be controlled by an International Federation, have the name of the Federation added to the above list.
- 1.4** For clarification purposes Sailing will always be deemed to include Sailboarding (Windsurfing) and they will not be deemed to be separate sports.
- 1.5** That in future 'Bowls' shall include Indoor Bowls, Outdoor Bowls and Ten Pin Bowling.
- 1.6** All sports shall operate under the IIGA Constitution Operational Guidelines and Sports and By-laws and where there is no direct conflict with the aforesaid IIGA Rules and Regulations they shall also operate under each Sports International Governing Body Rules.

**Section 2 - The Responsibilities of the Host Island Organising Committee****2.1 Operational Guidelines for Host Islands**

- 2.1.1 The IIGA has overriding control of the policy of the Games.
- 2.1.2 The Host Island Organising Committee (hereafter called the 'Organising Committee') shall set up its own Sports Management Committee and shall appoint 1 of its Members to act as Chairman. The Sports Management Committee shall be responsible to the Organising Committee for ensuring that each sport is properly administered. Each Governing Body of the sports chosen for the Games shall, with the approval of the Organising Committee, elect its representative to the Sports Management Committee.
- 2.1.3 Each Sport Representative of the Sports Management Committee will, in partnership with the Host Island Sport Governing Body, be responsible for making the arrangements for competitions, and shall ensure that all venues and facilities necessary for competition meet with the requirements of the IIGA. Should any doubt exist as to the suitability of any venue or facility the Organising Committee will report the fact to the Executive Committee.
- 2.1.4 The Organising Committee shall ensure that each sport in the Games is overseen by a Technical Committee. The Technical Committee is established by election at the Post-Games Technical Committee meeting at the previous Games and shall consist of a minimum of 3 and a maximum of 6 Members – a Chairman, Secretary plus up to 4 Members. Both Future Host Islands (if applicable) should be represented and if at all possible at least 1 of the positions should be permanent e.g. Secretary or Chairman, to ensure continuity.
- 2.1.5 Each Sport Co-Ordinator shall, with the agreement of their Technical Committee convene a Pre-Competition management meeting for all Team Managers.
- 2.1.6 The Sport Co-Ordinator shall where appropriate, advise the Chairman and Secretary of the Technical Committee of the time and venue of the Pre-Competition Management meeting prior to their arrival at the Games.
- 2.1.7 The Sport Co-Ordinator shall, where possible, notify each of the Team Managers of the time and venue of the Pre-Competition Management meeting prior to their arrival at the Games.
- 2.1.8 At the Pre-Competition Management meeting, the Sport Co-Ordinator shall introduce himself/herself and if appropriate, Members of the Sports Organising Committee. The meeting shall then be handed over to the Chairman of the Technical Committee.

### **Section 3 - The Pre-Competition Meeting**

#### **3.1** Suggested agenda for the Pre-Competition Meeting:

- 1 Introduction to the meeting of:
  - Technical Committee.
  - Host Island Coordinator and Technical Officer.
  - Observer from the International Federation (if present).
- 2 Appointment of a Chairman (if the Chairman of the Technical Committee is not present).
- 3 Appointment of a Secretary of the meeting (if the Secretary of the Technical Committee is not present).
- 4 The Host Island Coordinator and/or Technical Officer should: -
  - confirm the Programme and Order of Events
  - clarify the Rules e.g. seeding
  - allocate lanes
  - substitutions
  - notify meeting of withdrawals etc.
  - explain the procedures to be followed e.g. sports opening ceremony
  - arrangements for training and warm-up
  - medal presentations
  - appeals etc.
  - answer questions from the floor
- 5 Appointment of a Jury of Appeal
- 6 Any Other Business
- 7 Confirmation of the day, time and place of the Post-Competition Meeting.

#### **3.2** **Note**

- This meeting should be attended by the Technical Committee appointed at the previous Games together with 2 representatives from each Member Island competing in that sport. The Observer from the International Federation, the Senior Official who will be responsible for conducting the event, the Host Island Coordinator and Technical Officer should also be present.
- Minutes of this meeting should be sent to the General Secretary, the Sports Coordinator of the next Host Island, and to each Member Island that participated in the sport.

#### **Section 4 - Attendance and Voting Rights At Sports Competition Meetings**

- 4.1 The Organising Committee of the sport concerned a maximum of 2 representatives (1 vote).
- 4.2 Each of the other Member Island Association (hereafter called 'Member Islands') competing in the sport a maximum of 2 representatives (1 vote per Member Island).
- 4.3 The International Federation Delegate/Observer of the sport or event (as appropriate) if present at the Games (1 vote).
- 4.4 The Officers and Executive Committee Members are ex-officio, non-voting Members of all IIGA Technical Committees.
- 4.5 The Chairman of the Technical Committee shall have the casting vote.

#### **Section 5 - The Roles & Responsibilities of Sport Technical Committee**

- 5.1 Each Technical Committee shall supervise and assume control of the Technical arrangements for their sport during the Games, assisted by the Organising Committee and by its Sports Committees. The Technical Committee shall ensure that the sport is conducted in accordance with the Rules of the International Federation concerned, or by the Governing Body of the sport where there is no direct conflict with the Constitution, Operational Guidelines and Sports By-laws of the IIGA.
- 5.2 The Technical Committee may meet at such times as is deemed necessary during the course of the Games.
- 5.3 Juries of Appeal shall be composed in accordance with the IIGA Sports By-laws but could include, if present, the official International Federation Delegate/Observer of the sport or event (as appropriate). The names of the Members of the Juries of Appeal for each sport will be notified in writing to the General Secretary immediately on their appointment.
- 5.4 The Jury of Appeal shall not consist of more than 40% of its Members from 1 Member Island.
- 5.5 Between the Games the Members of the Technical Committee will act as the advisory/consultative body for that sport for the Executive Committee, the Sport Coordinator from the next Host Island and the Organising Committee from the next Host Island.
- 5.6 Technical Committees shall be empowered to recommend/propose amendments to the Executive Committee. Amendments must be sent to the General Secretary no later than 4 months before the Games at which the changes will come into effect.
- 5.7 Each Technical Committee shall have the power to co-opt non-voting persons for consultative purposes only.

## Section 6 - The Post-Competition Meeting

### 6.1 Suggested agenda for the Post-Competition Technical Meeting:

- 1 Introduction of any person not present at the Pre-Competition Meeting.
- 2 Approve the Minutes of the last meeting
- 3 Matters arising from the Minutes
- 4 Review all aspects of the current Games:
  - pre-games information
  - entries
  - programme
  - officiating
  - results service
- 5 Agree an outline Programme for the next Games
- 6 Formulate recommendations, if any, for the next Organising Committee
- 7 Review the sport specific IIGA By-laws.
- 8 Appoint a Technical Committee to serve until the conclusion of the next Games.
- 9 Any Other Business

### 6.2 Note:

- It is desirable that the Sports Coordinator for the next Games be present at this meeting. The meeting may be attended by a representative of the Executive Committee; therefore the Executive Committee must be notified of the details of the arrangements.
- Minutes of this meeting should be sent to the General Secretary, the Sports Coordinator of the next Host Island, to each Member Island that participated in the sport, and to each new Island that was admitted to the IIGA during the AGM.
- **It is essential that the names and contact details for both the Chairman and Secretary of the newly elected Sports Technical Committee are sent (preferably by email) to the General Secretary, together with the Minutes of both the Pre and Post-Competition Meetings, within 2 months of the Closing Ceremony of the Games.**

## **Cycling By-laws**

### **Section 1 - Competition Rules**

- 1.1** The Cycling competition shall operate under the IIGA Constitution, Operational Guidelines and Sports By-laws and where there is no direct conflict with the aforesaid IIGA Rules and Regulations they shall also operate under the Union Cycliste Internationale (UCI) Rules.
- 1.2** The competition will be open to riders of National Federations that are affiliated to Union Cycliste Internationale (UCI).
- 1.3 Competitor Affiliation**
- 1.3.1** All competitors must be holders of a current valid UCI recognised racing licence. If applicable, the licence must be endorsed by their National Governing Body for overseas/international competition.
- 1.3.2** The Competition is open to riders of National Federations that are affiliated to the UCI.

### **Section 2 - General**

#### **2.1 Island Representation**

- 2.1.1** In **Road Events** a Member Island is permitted a maximum of 5 male competitors and 3 female competitors.
- 2.1.2** In **Mountain Biking** a Member Island is permitted a maximum of 5 male competitors and 3 female competitors.
- 2.1.3** It shall be permissible for a road competitor or a mountain bike competitor to ride the other discipline provided that the overall Team size of 5/3 is not exceeded in either discipline.

#### **2.2 Age of Competitors**

- 2.2.1** The minimum age limit for cycling competitors will be:
- Male: 17 years in the year of the event providing this is in line with the regulations of the host country
- Female: 17 years in the year of the event.
- No dispensation will be allowed.
- 2.2.2** In respect of competitors under the age of 18 years competing Member Islands must make arrangement for them to be correctly supervised and comply with all relevant child welfare legislation of their own Island and that of the Host Island.

#### **2.3 Officials**

- 2.3.1** To be appointed by the Organising Committee.
- 2.3.2** The competition will be controlled by a UCI recognised, National Commissaire and additional or assistant Commissaries' to be appointed from the Governing Federation of Cycling of the Host Island. A Timekeeper or assistant Timekeeper or such other officials as the Organising Committee considers necessary for the smooth running of the event, all of whom shall be suitably qualified.

## **2.4 Events**

### **2.4.1 Recommended Programme:**

Time Trial

Mountain Bike Criterium

Road Race

Mountain Bike Cross Country

Road Criterium

### **2.4.2 Optional Events**

2.4.2.1 An Organising Committee may offer other cycling events if approved by the Cycling Technical Committee and the Executive Committee.

2.4.2.2 The competitors for any optional event shall be those competitors comprising a Member Island Team as set out in 2.1.1 or 2.1.2. No additional competitors shall be permitted.

2.4.2.3 Any optional event offered to 1 gender must be offered to the other gender.

## **2.5 Training**

2.5.1 Arrangements for any Pre-Games training/practice shall be made at the discretion of the Organising Committee.

2.5.2 The Organising Committee shall provide training areas and transportation for all delegations, which must correspond, to the number of competitors. Training hours should be coordinated with the Member Islands and be included in a training timetable.

## **2.6 Draws for Events**

Seeding - The reigning champion of the Time Trial to be the last seeded rider.

## **2.7 Venues**

The Organising Committee shall ensure that the race course or the competition grounds do not include places or situations that could constitute a particular safety risk to anyone (riders, attendants, officials, spectators). The Organising Committee must provide an adequate security service and organise efficient cooperation with the police etc.

## **2.8 Equipment**

Each competitor shall ensure that his equipment (bicycle with accessories and other devices fitted, headgear, clothing, etc.) does not constitute any danger to himself or to others. The IIGA shall not be liable for any consequences deriving from the choice of the equipment used by licence holders, nor for any defects it may have or its non-compliance. In no event shall the fact that a rider has been able to take part in the competition give rise to liability on the part of the IIGA.

**2.9 Clothing**

2.9.1 The regulation of UCI concerning clothing and advertising on clothing will apply; provided that any further regulations that may be imposed by the IIGA shall take precedence.

2.9.2 For the Games competition each Member Island Team may use only a single design of clothing which must remain unaltered throughout the Games week. The Organising Committee must be notified of the details, specifying the colours and their arrangement of each Member Island's Team clothing. All reasonable efforts shall be made by each Member Island Team to have the name of their Island clearly shown on race apparel.

**2.10 Medical**

2.10.1 The Organising Committee shall provide sufficient medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment.

2.10.2 Facilities for rapid transfer to hospital must be available. Prior to the start of the first race, the Organiser must make available to starting Teams a list of the hospital(s) contacted to handle any injuries.

**2.11 Medals**

Gold Silver and Bronze medals will be awarded to the 3 highest placed finishers in each Individual Event and to each Member of a Team finishing in the top 3 places.

**2.12 Protests and Complaints**

Any protests or complaints will be investigated by the Chief Commissaire and a decision made by him/her. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court.

**2.13 Banned Substances and Drug Testing**

All competitors in every event shall be subject to Section 9 of the Operational Guidelines of the IIGA.

**Section 3 - Technical Committee****3.1 Appointment**

The Technical Committee will be appointed at each Games Post-Competition Meeting and shall consist of a minimum of 3 and a maximum of 6 Members – a Chairman, Secretary plus up to 4 Members. Both of the future Host Islands (if applicable) should be represented and if at all possible at least 1 of the positions should be permanent e.g. Secretary or Chairman to ensure continuity.

**3.2 Meetings**

The Technical Committee will meet if necessary at any time during the Games. In the period between the Games the Technical Committee will act as an advisory/consultative body on any matters arising.

**Section 4 – Pre and Post-Competition Meetings**

- 4.1** The Pre and Post-Competition Meetings shall be called and chaired by the Host Island Sports Co-ordinator and shall be attended by the Technical Committee and up to 2 representatives from each competing Member Island Team.
- 4.2** The Jury of Appeal will be appointed at the Pre-Competition Meeting. A panel of 5 Members (preferably from different competing Member Islands) plus a non-voting Secretary will be appointed. A minimum of 3 Members plus the Secretary would be required to hear an appeal. If the appeal concerns a competitor from the same Member Island as 1 of the Jury Members he/she cannot participate in any decision taken.
- 4.3** At the Pre-Competition meeting all Member Islands shall be informed of the Appeal process.

**Section 5 - Individual Competitions**

- | 5.1 | Discipline              | Recommended Day | Recommended Distances    |                          |
|-----|-------------------------|-----------------|--------------------------|--------------------------|
|     |                         |                 | Women                    | Men                      |
|     | Time Trial              | Sunday          | 30 – 40 Km               | 40 – 50 Km               |
|     | Mountain Bike Criterium | Monday          | 30 – 40 Mins             | 45 – 60 Mins             |
|     | Road Race               | Tuesday         | 60 – 75 Km               | 100 – 120 Km             |
|     | Mountain Bike Cross     |                 |                          |                          |
|     | Country                 | Wednesday       | 75 – 90 Mins             | 100 – 120 Mins           |
|     | Road Criterium          | Thursday        | 30 – 40 Mins<br>+ 5 laps | 45 – 60 Mins<br>+ 5 laps |
- 5.2** The length of the Individual Road Race to be at the discretion of the Organising Committee dependent on the topography.
- 5.3** The last event to be the Individual Road/Town Criterium with the distribution of other events to be at the discretion of the Organising Committee.
- 5.4** The events must take place at a suitable time, taking into account local conditions.
- 5.5** Any races that are offered to one gender must also be offered to the other gender.
- 5.6** The whole course to be rideable for the Mountain Bike Criterium
- 5.7** The Road Race should be run, if possible, as a circuit to make it easier to police.
- 5.8** In the Time Trial each Member Island is permitted to have a following vehicle behind 1 nominated male and 1 nominated female rider only. These vehicles/riders are to have a neutral observer with them and are to be made known to the Organiser at the event sign-on.

**Section 6 - Team Competitions**

6.1	Discipline	Recommended Day	Recommended Distances	
			Women	Men
	Time Trial	Sunday	30 – 40 Km	40 – 50 Km
	Road Race	Tuesday	60 – 75 Km	100 – 120 Km
	Mountain Bike Cross Country	Wednesday	75 – 90 Mins	100 – 120 Mins

- 6.2** In the Mens Time Trial the time of the first 3 males is added up and the Gold, Silver and Bronze medals shall be awarded to the lowest 3 accumulated times.
- 6.3** In the Ladies Time Trial the time of the first 2 ladies is added up and Gold, Silver and Bronze medals awarded to the lowest accumulated times.
- 6.4** In the Mens Road Race the winner is calculated on positions, not time with the first 3 riders across the finish line to count. Their positions are added up with the lowest accumulative number winning, in the case of a tie the highest individual place counts.
- 6.5** In the Ladies Road Race the winner is calculated on positions, not time with the first 2 riders across the finish line to count. Their positions are added up with the lowest accumulative number winning, in the case of a tie the highest individual place counts.
- 6.6** In the Mountain Bike Cross Country Male Race the winner is calculated on positions, not time with the first 3 riders across the finish line to count. Their positions are added up with the lowest accumulative number winning, in the case of a tie the highest individual place counts.
- 6.7** In the Mountain Bike Cross Country Ladies Race the winner is calculated on positions, not time with the first 2 riders across the finish line to count. Their positions are added up with the lowest accumulative number winning, in the case of a tie the highest individual place counts.
- 6.8** There are no Team awards in either the Town Centre Criterium or the Mountain Bike Criterium.