

## **Gymnastics By-laws**

### **Section 1 Competition Rules**

- 1.1** The Gymnastic competition shall operate under the IIGA Constitution, Operational Guidelines and Sports By-laws and where there is no direct conflict with the aforesaid IIGA Rules and Regulations they shall also operate under the Federation Internationale Gymnastique (FIG).
- 1.2** The F.I.G. Code of Points for both Men and Women in use at the time of the competition will be used for the construction of routines.
- 1.3** F.I.G. Code of Points 2006 will apply to the women's apparatus competitions with modifications as recommended by the Technical Committee women's artistic representatives.
- 1.4** The F.I.G. Men's Artistic Code of Points 2006 will apply to the Men's apparatus competitions, with modifications to include value parts as recommended by the Technical Committee men's artistic representatives
- 1.5** The Rules for the Competition shall be set by the Technical Committee in conjunction with the Organising Committee and will be sent out by email to all Member Islands at least 1 year before the start of the next Games.
- 1.6** **Competitor Affiliation**  
All competitors must be affiliated to either a recognised club on their home Island or their National Association.

### **Section 2 General**

#### **2.1 Island Representation**

A Squad of up to 8 male and 8 female Gymnasts may represent a Member Island. The competitors must be selected from that Squad for competitions.

#### **2.2 Ages of Competitors**

##### **2.2.1 Men:**

The minimum age for competitors will be 14 years in the year of the competition.

##### **2.2.2 Women:**

The minimum age for competitors will be 13 years in the year of the competition.

**2.2.3** In respect of competitors under the age of 18 years competing Member Islands must make arrangement for them to be correctly supervised and comply with all relevant child welfare legislation of their own Island and that of the Host Island.

##### **2.2.4 Coaches**

A maximum of 2 coaches are allowed to accompany the Team during competition

##### **2.2.5 Insurance**

All competitors must possess adequate insurance cover to participate in the competition.

##### **2.2.6 Substitutions**

Substitutions must only be made under IIGA Rules

**2.3 Officials**

2.3.1 To be appointed by the Organising Committee

2.3.2 The competition will be controlled by the Chief Judge. All Judges shall be suitably qualified

**2.3.3 Judges**

A minimum of 2 Judges per apparatus are required. All elements within the competitions will be judged in accordance with the F.I.G. Code of Points in use at the time. Scores must be displayed before the next gymnast competes.

**2.4 Events**

**2.4.1 Gender**

Separate competitions will be held for both Women and Men.

**2.4.2 Women's competitions**

**Competition 1.** Team Floor and Vault and Overall Team Floor and Vault.  
5 competitors per Team. Best 4 scores to count.

**Competition 2.** Individual and Overall apparatus.  
Maximum of 6 competitors per Member Island.

**Competition 3.** Individual Set 4 piece  
Maximum of 6 competitors per Member Island.

**2.4.3 Men's competitions**

**Competition 1.** Team Floor and Vault and Overall Team Floor and Vault  
4 competitors per Team. Best 3 scores to count.

**Competition 2.** Individual and Overall apparatus.  
Maximum of 6 competitors per Member Island.

**Competition 3.** Individual Set 6 piece  
Maximum of 6 competitors per Member Island.

**2.5 Training**

2.5.1 Arrangements for any Pre-Games training/practice shall be made at the discretion of the Organising Committee.

2.5.2 Venue and timetable to be sent to all Member Islands entering a Team before the Games begin.

**2.6 Draws**

To be held by the Organising Committee prior to the competition and all Member Island Team Managers to be advised once it has been held.

**2.7 Venues**

To be decided by the Organising Committee.

**2.8 Equipment**

2.8.1 Where possible the gymnastics apparatus will be to F.I.G. standard. The Host Island must notify the Technical Committee and other participating Member Islands in the competition of the manufacturer and specification of all equipment to be used.

The Chairman of the Technical Committee and the Chief Judge will check all equipment prior to the commencement of the competition.

**2.8.2 Apparatus adjustment**

Apparatus may be adjusted for male competitors whose age is below that required by the F.I.G. for International Competition. (Under 15 years in the year of the competition).

**2.9 Clothing**

The regulation of FIG concerning clothing and advertising on clothing will apply; provided that any further regulations that may be imposed by the IIGA shall take precedence.

**2.10 Medical**

2.10.1 The Organising Committee shall provide sufficient medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment.

2.10.2 The Organising Committee should advise each Member Island of the medical arrangements in place before the start of training and competition.

**2.11 Medals**

**2.11.1 Competition 1**

Men and Women

Overall Floor & Vault: Gold, Silver and Bronze.

5 medals are required for the Women's Team and 4 for the Men's Team.

**2.11.2 Competition 2**

Men and Women

FIG: Gold, Silver and Bronze for each discipline (Women 4 & Men 6)

Individual Overall: Gold, Silver and Bronze

**2.11.3 Competition 3**

Men and Women

Set: Gold, Silver and Bronze for each discipline (Women 4 & Men 6)

**2.12 Protests and Complaints**

2.12.1 Any protests or complaints will be investigated by the Chief Judge and a decision made by him/her. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court.

2.12.2 Any protest or complaint during the competition must be made verbally and immediately to the Chief Judge.

2.12.3 The protest or complaint must then be presented in writing and handed to the Chief Judge.

**2.13 Banned Substances and Drug Testing**

All competitors in every event shall be subject to Section 9 of the Operational Guidelines of the IIGA.

### **Section 3 - Technical Committee**

#### **3.1 Appointment**

The Technical Committee will be appointed at each Games Post-Competition Meeting and shall consist of a minimum of 3 and a maximum of 6 Members – a Chairman, Secretary plus up to 4 Members. Both of the future Host Islands (if applicable) should be represented and if at all possible at least 1 of the positions should be permanent e.g. Secretary or Chairman to ensure continuity.

#### **3.2 Meetings**

The Technical Committee will meet if necessary at any time during the Games. In the period between the Games the Technical Committee will act as an advisory/consultative body on any matters arising.

### **Section 4 – Pre and Post-Competition Meetings**

**4.1** The Agenda for the Pre-Competition Technical Meeting will be sent out by email before the Member Islands leave for the Games. The Agenda for the Post-Competition meeting will be handed out at the Pre-Competition meeting. Any extra meetings will be advised by the Host Island Gymnastic Co-ordinator or the Secretary of the Technical Committee.

**4.2** The Pre and Post-Competition Meetings shall be called and chaired by the Host Island Sports Co-ordinator and shall be attended by the Technical Committee and up to 2 representatives from each competing Member Island Team.

**4.3** The Jury of Appeal will be appointed at the Pre-Competition Meeting. A panel of 5 Members (preferably from different competing Member Islands) plus a non-voting Secretary will be appointed. A minimum of 3 Members plus the Secretary would be required to hear an appeal. If the appeal concerns a competitor from the same Member Island as 1 of the Jury Members he/she cannot participate in any decision taken.

**4.4** The Organising Committee, after consultation with the Technical Committee, shall distribute to all Member Islands specific Competition Rules for the next Games at least 1 year prior to the Opening Ceremony.

### **Section 5 – Results**

**5.1** Results will be posted on a suitable notice board after the end of each competition or medal ceremony.