

THERAPEUTIC USE EXEMPTION (TUE) INFORMATION – MAY 2011

1 TUE Committee

The TUE Committee for the IOW Games will consist of:

- Dr Carl Clinton - IIGA HMA
- Dr John Partridge - Medical Officer for NatWest Island Games 2011
- Dr Adam Garnet - Jersey Team Doctor

The purpose of this Committee is to assess the existing TUE's and any retro-active TUE's

2 The TUE Process

This has changed since the 2009 Games in Aland:-

A) EXISTING TUE'S

Athletes that compete at International or National level will already have an existing TUE and a copy of this should be sent to Dr Carl Clinton c/o Jersey General Hospital, Gloucester Street, St Helier, Jersey Channel Islands JE3 1QS a minimum of 30 days before the Opening Ceremony of the 2011 Games. The original TUE should then be brought to the Games. These existing TUE's will be valued by the IIGA for the period of the Games only.

B) RETRO-ACTIVE TUE'S

All other TUE's will be retro-active TUE's. Any athlete called for a drugs test must declare all drugs they have taken and /or are taking at the time of testing. The athlete will then have to apply for a retro-active TUE for any banned substance taken for medical reasons within 10 days of the test. All Retro-active TUE's will be sent to the IIGA TUE Committee c/o Dr Carl Clinton.

C) No lung function tests are required for those on Asthma medication.

D) No-one tested will be informed of the results of a test unless it is positive.
i.e. negative test results will not be published.

3 PLEASE REMEMBER:

- a) Certain 'over the counter' medications i.e. cough medicines, contain banned substances
- b) Certain sports/nutritional drinks and supplements may contain banned substances.
- c) **PLAY SAFE / PLAY FAIR - UNLESS NEEDED FOR MEDICAL REASONS "TAKE NO DRUGS"!**