

Triathlon By-laws

Section 1 - Competition Rules

- 1.1** The Triathlon competition shall operate under the IIGA Constitution, Operational Guidelines and Sports By-laws and where there is no direct conflict with the aforesaid IIGA Rules and Regulations they shall also operate under the International Triathlon Union (ITU) Rules.
- 1.2** Should there be any changes to the ITU Rules which would apply to the competition these changes must be notified in writing to all Member Islands at least 12 months prior to the Opening Ceremony of the Games in which the competition takes place.
- 1.3** All competitors must hold a current racing licence, endorsed for overseas/international competition where applicable i.e. when competing outside their own Governing Bodies' jurisdiction, issued by their National Governing Body who should be affiliated to or be recognised by the International Triathlon Union.
- 1.4** Male and female competitors shall compete on equal status in their separate events but will all race together on exactly the same course under the same Rules and Regulations.

Section 2 – General

2.1 Island Representation

2.1.1 Individual Competition

- 2.1.1.1** A Member Island is permitted a maximum of 10 competitors, either all male, all female or mixed.
- 2.1.1.2** There will be separate Men's and Women's Events.

2.1.2 Team Competition

- 2.1.2.1** Men's Team a minimum of 3 competitors per Member Island.
- 2.1.2.2** Women's Team a minimum of 2 competitors per Member Island.
- 2.1.2.3** There will be a separate Team competition for Men and Women and all competitors entered in the Individual competition will form part of their relevant Team.

2.2 Age of Competitors

- 2.2.1** The minimum age shall be 18 years of age at the date of the Opening Ceremony of the Games although younger age competitors may be allowed at the discretion of the Organising Committee.
- 2.2.2** In respect of competitors under the age of 18 years competing Member Islands must make arrangement for them to be correctly supervised and comply with all relevant child welfare legislation of their own Island and that of the Host Island.

2.3 Officials

- 2.3.1** To be appointed by the Organising Committee
- 2.3.2** The competition will be controlled by the Race Organiser, Race Referee, Drafting Commissars (according to field size) and Timekeeper all of whom shall be suitably qualified.

- 2.3.2.1 Race Officials e.g. Drafting Commissars and Race Referee should be independent and be drawn from outside of the Member Islands.

2.4 Events

- 2.4.1 Swimming 1500m
Cycling 40km Non-Drafting
Running 10km

2.4.2 Competition Programme

A detailed plan of the swim, bike and run courses, clearly showing the number of laps and elevations where necessary, must be sent to all participating Member Islands at least 3 months prior to the Competition.

2.4.3 Drafting

The event is non-drafting and all of the non-drafting Rules as detailed in the ITU Regulations will apply.

2.5 Training

Arrangements for any Pre-Games training/practice shall be made at the discretion of the Organising Committee.

2.6 Equipment

All competitors are to provide their own clothing, and equipment including cycles.

2.7 Clothing

The regulation of ITU concerning clothing and advertising on clothing will apply; provided that any further regulations that may be imposed by the IIGA shall take precedence.

2.8 Medical

- 2.8.1 The Organising Committee shall provide sufficient medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment.

- 2.8.2 A full risk assessment should be carried out at least 3 months before the event by the Organising Committee and this should be communicated to all participating Member Islands. Sufficient medical support must be provided on race day.

2.9 Medals

As long as the IIGA minimum entry criteria has been met Gold Silver and Bronze Medals will be awarded following the event to the 1st 3 male and 1st 3 female Individuals and the 1st 3 male Teams and the 1st 3 female Teams.

2.10 Protests and Complaints

Any protests or complaints will be investigated by the Race Organiser and a decision made by him/her. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court.

Section 3 - Technical Committee

3.1 Appointment

The Technical Committee will be appointed at each Games Post-Competition Meeting and shall consist of a minimum of 3 and a maximum of 6 Members – a Chairman, Secretary plus up to 4 Members. Both of the future Host Islands (if applicable) should be represented and if at all possible at least 1 of the positions should be permanent e.g. Secretary or Chairman to ensure continuity.

3.2 Meetings

The Technical Committee will meet if necessary at any time during the Games. In the period between the Games the Technical Committee will act as an advisory/consultative body on any matters arising.

Section 4 – Pre and Post-Competition Meetings

4.1 The Pre and Post-Competition Meetings shall be called and chaired by the Host Island Sports Co-ordinator and shall be attended by the Technical Committee and up to 2 representatives from each competing Member Island Team.

4.2 The Jury of Appeal will be appointed at the Pre-Competition Meeting. A panel of 5 Members (preferably from different competing Member Islands) plus a non-voting Secretary will be appointed. A minimum of 3 Members plus the Secretary would be required to hear an appeal. If the appeal concerns a competitor from the same Member Island as 1 of the Jury Members he/she cannot participate in any decision taken.

Section 5 – Individual Competition

Single entries will count for the Individual Event only.

Section 6 – Team competition

6.1 The 1st 3 men and 1st 2 women of each Team to finish shall count in their separate Team Event.

6.2 The finishing position of the Teams shall be decided by the aggregate times of the counting competitors of each Team.

6.3 Teams of larger than 3 men and 2 women competitors need not nominate who is competing in the Team race as all competitor from a particular Member Island are automatically entered in the Team Event.